

COUNTY NEWS

ALAMEDA COUNTY

Fabiola Hospital Accredited by the American Medical Association—Upon the recommendation of the California committee of the Council on Medical Education and Hospitals of the American Medical Association, Fabiola Hospital has been placed on the list of hospitals giving acceptable instruction to interns, and have been so notified in the following letter from that Council:

"In response to your request, and the information and recommendations supplied by Dr. Musgrave, whose committee co-operates with our Council, the consideration of the Fabiola Hospital for the training of interns has been very carefully taken up. It is a pleasure to inform you that the hospital has been placed on the list of hospitals furnishing an acceptable internship, and a notice of this recognition will be published in an early issue of the Journal.

"It is our hope that you will accept this recognition as a pledge of our continued interest, and we trust that your institution will enjoy continued progress."

CONTRA COSTA COUNTY

Contra Costa County Medical Society (reported by L. St. John Hely, secretary)—The regular monthly meeting of the Contra Costa County Medical Society was held at the Abbott Emergency Hospital, Richmond, February 24, Carpenter presiding.

U. S. Abbott made a motion to appoint a committee to investigate the matter of having a clinic, in event it became convenient when the A. M. A. met in San Francisco. The committee was appointed by President Carpenter, as follows: U. S. Abbott, chairman; Denninger-Keser, E. R. Guinan.

Clifford Sweet of Oakland gave a talk on "Dehydration in Diseases of Children," voted by the members to be one of the best talks they had heard in a medical meeting. After the meeting all adjourned to Martin's Grill, where a lunch and discussion was held. Those present were: Denninger-Keser, G. M. Bumgarner, C. E. Camp, Spalding, Clara, J. B. Spalding, U. S. Abbott, John Beard, H. N. Belgum, J. T. Brenerman, P. C. Campbell, E. B. Fitzpatrick, Hall Vestal, E. R. Guinan, C. L. Gregory, F. S. Cook, E. Merrithew, H. L. Carpenter, S. H. Marks, Lloyd A. Clary, Harry Auslen, L. St. John Hely.

KERN COUNTY

Kern County Medical Society (reported by P. J. Cuneo, secretary)—The regular meeting of Kern County Medical Society for February was held at the Kern County General Hospital February 15. The new officials for the year 1923 officiated. They are: George C. Sabichi, president; W. H. Moore, vice-president; P. J. Cuneo, secretary-treasurer; F. A. Hamlin, delegate; A. E. Shaper, alternate; Joe Smith, editor; P. J. Cuneo, editor.

The Society, after disposing of the regular routine business, elected Leland W. Ellis as a member. A discussion of cases followed.

It was decided that the entire membership, resident in Bakersfield, make the trip to Taft for the regular May meeting, and the secretary was instructed to communicate with the Taft members and arrange with them for their part of the program. An enthusiastic meeting is contemplated, as the West Siders are known "to know how." McNamara is to be in charge of the April meeting.

LOS ANGELES COUNTY

Methodist Hospital of Southern California—The

January report of this hospital shows 3375 patient days of service at a cost of \$20,970.59 or a cost per patient per day of \$5.84. Twenty-eight patients were treated free, and 18 were given discounts below the cost of service rendered. There were 46 births and 15 deaths during the month, and 133 operations. Total receipts of the hospital from all sources were \$22,556.57.

PLACER COUNTY

Placer County Medical Society (reported by Robert A. Peers, secretary)—The Placer County Society held its February meeting in Auburn on the evening of February 17. There were present the following members and visitors: Members—C. J. Durand, S. J. Shipman, H. N. Miner, G. H. Fay, J. A. Russell, L. B. Barnes, R. A. Peers, J. G. Mackay, R. T. Rooney, F. L. Horne, R. J. Nicholls, and F. E. McCullough. Visitors—J. N. Ward of Auburn, Samuel H. Hurwitz of San Francisco, and C. C. Tucker of Georgetown.

C. C. Tucker of Georgetown was unanimously elected to membership.

It was moved, seconded, and carried that the Placer County Medical Society contribute \$50 to the American Medical Association entertainment fund, and the secretary was instructed to forward that amount to the Committee on Finance.

The following resolution was adopted: Resolved, That the Placer County Medical Society recommend that its members use the letters "M.D.," indicating Doctor of Medicine, instead of the letters "Dr.," indicating Doctor, in all their literature, cards, signs, and other matters.

The Society next considered the advisability of use by its members of the words "Member of — County Medical Society" on all their literature, cards, signs, and other matters. It was the sense of those members present that they would prefer to have issued by the State Society a certificate certifying to the membership of the doctor in the State Society, and his local County Society, and a resolution to this effect was moved, seconded, and carried.

A letter from Ina M. Richter, secretary California Committee of Arrangements, regarding post-convention clinics, was read and it was decided to co-operate with some other county, preferably Sacramento, and not to attempt to hold a clinic under the auspices of the Placer County Medical Society.

H. N. Miner of Blue Canyon reported on some interesting work with respiratory vaccines.

Samuel H. Hurwitz of San Francisco then addressed the meeting regarding "Newer Aspects of the Treatment of Asthma." Hurwitz went thoroughly into the classification of asthma, improved methods of history-taking, the experimental work which has been carried on by numerous recent investigators, including his own work, and took up in detail the treatment of asthma in the light of results obtained by recent research. The paper was thoroughly enjoyed, and was discussed by all the members present.

RIVERSIDE COUNTY

Riverside County Medical Society (reported by T. A. Card, secretary)—A regular meeting was held at the Chamber of Commerce Rooms, February 12, when the following program was given.

Address by the retiring president, Paul E. Simonds, Riverside.

The Management and Treatment of Toxic Thyroid—Joseph K. Swindt, Pomona. Discussion opened by C. Van Zwalenburg.

At the close of the meeting the members were guests of Clark, Kieth, Keller, Jones, Kocher, and Martin at a buffet supper.

A Statewide effort is being made to enroll all eligible practitioners in county medical societies. Please keep this in mind, and use your influence with any non-member with whom you come in con-

tact. Our membership has been decreased by the loss of several members during the past year.

President Bramkamp wishes that all members of the Riverside County Society who plan to attend the State and National medical meetings, June 21-29, in San Francisco, might make reservations at the same hotel. If this plan meets with approval, reservations may be made through the secretary. Make definite plans if possible, so that suitable accommodations may be secured soon.

Because of the increasing necessity of distinguishing between cultists and regular doctors of medicine, the Council, on January 6, passed the following resolutions:

Resolved, That the Council recommend to members of the State Medical Society, that they use the letters, "M. D.," indicating Doctor of Medicine, instead of the letters, "Dr.," indicating Doctor, in all their literature, cards, signs, and other matters.

Resolved, That a circular letter be sent to the County Societies, requesting their consideration, suggestion, and recommendations on the proposed use by members of such county societies of the words: "Member of the — Medical Society."

The entertainment committee for the American Medical Association Meetings is endeavoring to raise a fund of \$25,000 for the entertainment of the delegates and visitors at San Francisco. This is an innovation, and it is hoped will establish a precedent for other States entertaining the Association in future years. Contributions to this fund may be made through the secretary.

The Society learns with regret of the resignation of Miss Mary J. Currie, R. N., for years superintendent of the Riverside Community Hospital. Our good wishes follow Miss Currie into her new work.

SACRAMENTO COUNTY

Sacramento Society for Medical Improvement (reported by C. E. Schoff, secretary)—The Society met February 20, President Gundrum presiding. There were forty-one members and two visitors present.

F. B. Reardan reported three cases of intestinal amebiasis, with long histories of bowel disorders. One patient with indurated rectal ulcers gave many clinical signs of rectal carcinoma with mass in lower bowel with ulcer formation and induration, which has improved markedly under treatment.

A case of pulmonary gangrene in a woman was also reported by Reardan. Symptoms developed two days after tonsillectomy. Clinical and X-ray findings, odor and sputum were typical of right lower lobe involvement. Rib resection and drainage was followed by recovery. X-ray plates made before, and two months after operation were shown.

N. G. Hale reported a case of bilateral renal calculus in female sixty years of age. Tumor mass was felt in pelvis, and urine contained pus and blood. Ureteral catheterization showed blood from right side, and pus and organisms from the left kidney. The left kidney was removed and contained a stone weighing 180 grammes. Radiogram also showed a calculus in cortex of the right kidney.

H. E. Yates reported two cases of gastric upsets, with clinical, X-ray and laboratory findings of ulcer. No ulcers were found at operation, but appendicitis with adhesions was present in both patients.

Oscar H. Johnson presented the subject of cardiovascular spasm. The speaker brought out the rarity of the condition, difficulty of diagnosis and treatment, and the different methods used—medicinal, dietetic, and mechanical—in treatment, and demonstrated a hydrostatic dilator.

Harris, Reardan, McDonnell, Zimmerman, and Rulison discussed various phases of Johnson's paper.

The question of holding a post-convention clinic, as outlined by the State Committee of the American Medical Association, on July 2 and 3, was brought to the attention of the Society, and upon motion of W. E. Briggs, it was decided to hold such a clinic in Sacramento, and the president ap-

pointed F. N. Scatena, G. N. Drysdale and W. H. Pope, and C. E. Schoff (ex-officio) as members of a committee to make all necessary arrangements.

C. E. Schoff announced that the meeting of the Northern District Medical Society would be at Woodland March 13.

J. H. Parkinson spoke at length on the proposed changes and various special features and problems of Medical Defense and Indemnity.

Sutter Hospital—This new modern hospital, being built by a corporation owned entirely by physicians of Sacramento County, is nearing completion and is expected to be ready for patients about the 1st of September. The building occupies about half a block, and is six stories high. The Spanish type of architecture has been used, and all details are in keeping with this style. The hospital will have 165 beds with solarium and utility departments in proportion. The power plant is complete with modern laundry, refrigeration plant, ice-manufacturing machine, and similar services. The hospital will be operated by a superintendent who is to be selected by the board of directors, and it is their purpose to maintain a high-class, ethical institution as a modern agency of medicine. The officers of the board of directors of the hospital are: G. A. Spencer, president; W. A. Beattie, first vice-president; G. A. Briggs, second vice-president; E. T. Rulison Jr., treasurer; J. W. James, secretary.

SAN BERNARDINO COUNTY

San Bernardino County Medical Society (reported by E. J. Eyttinge, secretary)—The Society met February 6 at the County Hospital, San Bernardino, with seventeen members present; sixty-three absent; five guests.

The subject for the evening was "A Consideration of the Modern Phase of Cancer in Every Respect," by James F. Percy of Los Angeles. Discussion, general.

New members reported are: W. W. Fenton, Arrowhead; W. C. Clough, L. C. Kellogg, Loma Linda; M. J. Hart, Redlands, by transfer from Los Angeles County.

The March meeting was held on the 6th at the San Bernardino County Hospital, with nineteen members present and fifty-eight absent. There were eight guests. The program consisted of "Treatment of Acute Infections of the Lower Respiratory Tract," by D. C. Mock; discussion opened by M. J. Hart; "Certain Interesting Blood Diseases," by V. R. Mason of Los Angeles; discussion opened by C. L. Curtiss; "Syphilis of the Nervous System," by S. D. Ingham of Los Angeles; discussion opened by E. J. Eyttinge.

J. R. Liverman of Needles has been admitted to membership. T. M. Blythe of Redlands has resigned.

SAN DIEGO COUNTY

San Diego County Medical Society (reported by Robert Pollock)—On February 27 the San Diego County Medical Society was treated to an excellent talk by Nelson W. Janney of Los Angeles on "The Diagnosis and Treatment of Thyro-Pituitary Hypo Functional Syndrome." His lecture was splendidly illustrated with lantern slides and was enthusiastically received by the society.

Lyell C. Kinney has removed to his new offices on Fourth street, where he is splendidly equipped for diagnosis and therapy along X-ray and radium lines.

Clarence E. Rees and Clair L. Stealy have associated themselves together for the practice of medicine in all its branches, and have taken over the offices formerly occupied by Dr. Kinney.

H. P. Newman, from latest advices, is enjoying his trip with the American College of Surgeons in South America.

W. H. Geistweitt, Jr., has returned from Denver and reopened offices in the First National Bank Building for the practice of his specialty—diseases of the ear, nose and throat.

Robert Pollock addressed the San Diego County Dental Society at its regular monthly meeting for March on "The Influence of Metabolism on Tooth Structure."

St. Joseph's Hospital has announced through the daily paper that work will be commenced within a few weeks on the construction of a 200-bed hospital, a reinforced concrete unit of modern construction and equipment to cost about half a million dollars. This is to be the first of a group of buildings to occupy a new site owned by the Sisters of Mercy at the north end of Fifth street, consisting of about five acres ideally adapted for hospital purposes. This will be a substantial and much appreciated addition to the hospital facilities of the city.

The medical staff of the Navy Hospital in Balboa Park is planning an intensive clinical program on tropical diseases for the entire day of July 3, for the benefit of the Fellows of the A. M. A. visiting the southland at the close of the San Francisco convention. The Navy is in a position to furnish abundant and varied clinical material for such a program.

The County Medical Society, in conjunction with the staff of the County Hospital and the staff of St. Joseph's Hospital, will stage a medical and surgical clinic on Monday, July 2; also the Medical Society will keep open house at its headquarters in the First National Bank Building to meet visitors and arrange trips to all points of interest for the benefit of the members of the profession visiting San Diego.

SAN FRANCISCO COUNTY

San Francisco County Medical Society (reported by J. H. Woolsey, secretary)—Meetings were held during February as follows:

February 6—Committee on Medicine. Symposium on Hypertension.

February 13—General Meeting. Symposium on Epidemic Encephalitis.

February 20—Committee on Industrial Medicine. Buckling Fractures, fractures of the surgical neck of the humerus—Emmet Rixford. Arthritis in relation to industrial injuries—A. L. Fisher.

February 27—Committee on Eye, Ear, Nose and Throat. Papers by W. B. Smith, F. C. Cordes, H. B. Graham and L. S. Mace.

The Journal has received an abstract of one of the papers presented at the various meetings. Ernest S. du Bray discussed the subject of "Practical Consideration in the Management of Essential Hypertension."

The term, "Essential Hypertension," denotes a state of primary vascular hypertension without the co-existence of demonstrable renal impairment as can be determined by any test of kidney function. The condition is of frequent occurrence, particularly in private practice, whereas it is less commonly encountered on the medical wards in hospitals. The real nature of the hypertensive process is still unknown, but current opinion tends to support the supposition that numerous underlying factors may play a part in producing an increased blood pressure. Most recently, hereditary tendencies to vascular disease have been emphasized, but other factors, such as excessive mental and physical strain, unhygienic living, recurrent infection, and possibly endocrine disturbances may all be implicated.

The management of these cases must be planned on extremely broad lines, after a thorough study of the individuals' manner of living and habits. The investigation should include a consideration of the patients' work, food, exercise, recreations and interests. At the outset the patient must be convinced that the height of the blood pressure is of far less significance than the conditions that underlie it. In the early cases no rigid restrictions in the diet are required, provided there is no habitual abuse of food. Systematic out-of-door exercise should

be encouraged. Obese individuals should be gradually reduced to their ideal weight by physical training and a reduction in the fat component of the diet. Focal infections should be eradicated, eye-strain corrected, and the bowels regulated. Restriction of sodium chloride to two or three grams per day often is followed by striking symptomatic improvement. Alcohol should be interdicted and tobacco greatly reduced, but entirely eliminated for those persons who show a hypersensitiveness to it. Hydro-therapy, electro-therapy, and massage have a place in the regime. Drugs do not influence the course of the disease, and organo-therapy has no established scientific basis.

In the stages of the process the problem of management is largely one of supporting the circulatory apparatus and protecting the kidney.

French Hospital Accredited by Council on Medical Education and Hospitals of A. M. A.—Upon the recommendation of the California committee of the Council on Medical Education and Hospitals of the American Medical Association, the French Hospital has been accredited by that body for intern purposes, and have been so notified in the following letter from them:

"Your application and information submitted through Dr. Musgrave has been considered very carefully by the Council.

"Because of the constitution of the French Benevolent Society, which maintains your hospital, we recognize a problem which is of mutual interest to your hospital and to the medical profession.

"In view of your attitude toward this problem, and the commendable progress which you have made in the past few years, it is the pleasure of the Council to place your hospital on the list of hospitals approved for the training of interns. A notice of this recognition will appear in an early issue of the Journal."

Franklin Hospital Accredited by American Medical Association—The Franklin Hospital has been placed on the list of hospitals approved for intern training by the Council on Medical Education and Hospitals of the American Medical Association, having received their accredited standing by the following letter from that Council: "The Council has given its best consideration to your hospital as a place for the training of interns or, in other words, for giving the fifth year in medicine. The difficulties that have been overcome and that are to a certain extent yet to be overcome are apparent, and you are to be congratulated on the substantial progress which is evident and which has been noted by Dr. Musgrave in his recommendation. The Council, therefore, gladly accords your hospital a place on the list of hospitals approved for the fifth year in medicine. Kindly be assured of our interest in the future development of your hospital and of its increasing usefulness."

SANTA BARBARA COUNTY

Santa Barbara County Medical Society (reported by A. C. Soper, secretary)—The society met February 12, 1923, at the Cottage Hospital, President Means in the chair. Minutes of previous meeting read, approved and ordered filed.

Samuel Robinson presented a tabulated record of twenty-one cases of various forms of goitre, operated on in the past four years, and showed eight patients with results; also exhibited a schedule of each case, classifying type of case, character of operation, results, symptoms of exophthalmos, tachycardia or tremor, metabolic rate before and after operation, and time elapsed since operation. Discussion by E. O. Campbell, Bakewell, Nuzum, Henderson, Luton, Culler, Koefod, A. H. Williams, Ullmann, Profant, Hamilton, Sansum and Cummings.

Correspondence was read as follows: With the Public Library, in re Dr. Knox's medical books;

committee to examine them. With State Headquarters, in re legislation; also in re use of letters "M. D." on cards and stationery; also in re papers for Ear, Nose and Throat Section of Annual Meeting of A. M. A.

Amendment to by-laws: "The annual dues of the Santa Barbara County Medical Society, beginning January 1, 1923, shall be \$15, payable at any time during January or February." Passed unanimously. Amendment to by-laws regarding assessments, defeated by one vote.

The society met February 26, with President Means in the chair and W. J. Mellinger acting as secretary pro tem. Members present: Culler, Hotchkiss, Flint, Bakewell, Pierce, Bagby, Nuzum, Henderson, Stevens, Loveren, Freidell, Profant, Jones and Stoddard. Visitors: Ketter and Isaac.

H. E. Henderson discussed Perthe's disease and presented a case.

W. H. Flint reported a case of embolism of the coronary artery and presented the specimen.

Benj. Bakewell reported a case of mechanical broncho-pneumonia due to inhalation of talcum powder, and exhibited the lung specimen. This being a rare occurrence, it brought out a great deal of discussion.

Motion made by Hotchkiss and seconded by Profant, that there be one regular meeting of this society each month instead of two, passed unanimously.

SONOMA COUNTY

Sonoma County Medical Society (reported by N. Juell, secretary)—The society met February, 1923, with sixteen members present and fourteen absent.

Geo. J. McChesney of San Francisco delivered an address on "Common Ailments of the Feet and Their Treatment."

The March meeting was held on the 8th at Santa Rosa. Sixteen members were present and fourteen absent; four visitors.

George Dewitt Culver delivered an address on "Epithelioma." C. H. Arnold on "Shakespeare as an Inspiration to the Medical Men."

A committee was appointed to arrange for a reception of any visitors who might wish to visit Santa Rosa during the convention of the American Medical Association.

STANISLAUS COUNTY

Stanislaus County Medical Society (reported by R. E. Maxwell, secretary)—The monthly meeting was held at Hotel Modesto with a dinner. Members present were: E. R. McPheeters, C. E. Pearson, L. D. Mottram, Bulpitt and Bulpitt, J. L. Collins, C. R. Fancher, C. E. Kinney, J. A. Cooper, F. R. De Lappe, J. J. Hennemuth, E. F. Hagedorn, E. F. Reamer, B. I. Surryhne, R. E. Maxwell.

The following business was transacted: Moved and seconded that twelve copies of Hygeia Journal be paid for by Society and distributed to the various county libraries. Moved and seconded that the article "Why Doctors Do not Advertise," which appeared in A. M. A. Journal, be published in the various county newspapers, and cost for printing be paid by the Society. Recommended that a clinic be held in Modesto for examination of lungs in children suspected of having pulmonary involvement, this clinic and examination to be made by the State Tuberculosis Society, after which Alfred Spalding of San Francisco addressed the Society with a talk on "The X-ray in Unusual Obstetrical Cases," supported by a series of lantern slides. He demonstrated the value of the X-ray in determining with accuracy the pelvic measurements and whether the fetus was dead or alive. He also cited cases of eclamptic convulsions controlled by intravenous administration of paraldehyde.

TULARE COUNTY

Tulare County Medical Society (reported by E. R. Zumwalt, secretary)—The monthly meeting of the Tulare County Medical Society was held at the Masonic hall, Tulare, February 10, with about twenty members present and several visitors. The meeting was devoted to a very brief discussion by Saxton T. Pope of San Francisco, concerning some phases of plastic surgery, followed by Pope's most interesting talk on "Ishi, the last Yana Indian" and a "History of the Bow and Arrow." This was illustrated by a hundred or more slides, and a most enjoyable evening was had. Pope shows evidence of as much skill as an archer as he does in professional lines.

Louise Munch has transferred membership from Hot Springs, Tulare County, to Orange County Medical Society.

The applications of William G. Carson of Cutler, and J. L. Banks of Visalia were received for membership in the Tulare County Medical Society subject to the approval of the board of censors of the State Society.

CALIFORNIA NORTHERN MEDICAL SOCIETY

(Reported by Charles E. Schoff, Secretary)

The association held its midyear meeting at Woodland Sanitarium as a guest of the Yolo County Medical Society on March 13. Fifty physicians and surgeons attended the conference. J. R. Snyder of Sacramento, president of the association, was chairman of the meeting, and C. E. Schoff of Sacramento was secretary.

A resolution was passed requesting that the United States Veterans' Bureau consider the location in California of a sanitarium for ex-service men who are victims of tuberculosis. R. A. Peers of Colfax introduced the resolution, and it was carried unanimously. It was suggested that the Government look over the country about Colfax before it selects a location.

At a morning clinic, F. R. Fairchilds discussed fractures of the long bones, and demonstrated the advantages of the Thomas splint.

Leo P. Bell gave a clinic on Banti's disease. A patient was presented on whom splenectomy had been done.

Robert A. Peers read a paper on "Some Observations on Superficial Tuberculous Lesions and Their Treatment by Tuberculin." He showed one patient with a healed abdominal tubercular sinus, which followed laparotomy for peritonitis. Large doses of O. T. 50 mg. subcuticular caused the sinus to heal. Another patient with ulcer under right breast received large doses of O. T. tuberculin. The local reaction from the tuberculin was intense, but the systemic reaction was slight. There was no exacerbation of the lung or throat symptoms.

N. T. Enloe of Chico discussed the possible cause and treatment of osteomyelitis. He believes there is always a primary cuticular lesion which heals before the bone is involved. The doctor believes the disease may be due to a specific organism not yet discovered.

N. G. Hale read a paper on the progress of urological surgery. He discussed the earlier techniques used in urologic surgery and compared it with present-day methods.

J. D. Dameron and F. B. Reardan presented the surgical and medical aspects of gastric and duodenal ulcer. The subject received a great deal of discussion from both adherents.

The next meeting of the association will be held in November in Sacramento.